

# SUMMER Workbook

Name:

Ages 6 - 7



#### 6 to 7

### 8-Week Summer Learning Guide

#### Introduction

Welcome to the 8-Week Summer Learning Guide! This booklet is designed to keep your child's mind active and engaged during the summer months. The guide is divided into three age groups: 4-5 years, 5-6 years, and 6-7 years, with tailored activities focusing on English and Math concepts appropriate for each age group.

This **6 to 7 age group** booklet is designed to keep your child's mind active and engaged during the summer months.

## 8-Week Summer Learning Guide

#### **Daily Routine Suggestions:**

- Morning: Start the day with a physical activity (e.g., yoga, stretching).
- Mid-Morning: Dedicated learning time using the guide.
- Afternoon: Creative or exploratory activity (e.g., crafts, nature walk).

#### **Parental Involvement Tips:**

Suggestions on how parents can support their child's learning.

Ideas for interactive activities that parents and children can do together.

#### **Weekly Themes:**

Assign a fun theme for each week (e.g., Nature Week, Space Week) to make learning more engaging.

Activities and resources that align with the theme.

#### **Progress Tracking:**

Simple charts or checklists for children to track their progress.

A section for parents to note observations and achievements.



#### **Resource List:**

- List of recommended books, websites, and apps for additional learning and practice.
- Suggestions for educational toys and games.

#### **Social Skills Development:**

 Activities that encourage social interaction and cooperation, such as group games or family projects.

#### **Emotional Well-being:**

- Mindfulness exercises or calming activities to help children manage emotions.
- Journaling prompts for older children to express their feelings and experiences.

#### **Hands-on Learning:**

- Science experiments or DIY projects that relate to weekly math and English concepts.
- Cooking activities that involve measuring ingredients to practice math skills.

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## Week 1 - Theme: Nature

#### Monday:

- Morning Activity: Nature walk and observation.
- Learning Time: Phonics blends; subtraction within 10.
- Creative Time: Collect and press leaves.

#### **Tuesday:**

- Morning Activity: Build a bird feeder.
- Learning Time: Read a nature-themed book; compare numbers.
- Exploration Time: Visit a botanical garden or nature reserve.

#### Wednesday:

- Morning Activity: Nature scavenger hunt.
- Learning Time: Write a descriptive paragraph about nature;
   subtraction.
- Creative Time: Paint a landscape

## Week 1 - Theme: Nature

#### **Academics**

#### **English**:

- Phonics: Practice blends (e.g., bl, cl, fl).
- Writing: Write a few sentences about a favorite activity.

#### Math:

- Subtraction: Simple subtraction problems within 10.
- Comparing Numbers: Compare numbers up to 20 using greater than, less than, or equal to.

## Week 2 - Theme: Insects

#### Monday:

- Morning Activity: Bug hunt in the garden.
- Learning Time: Phonics digraphs; subtraction within 20.
- Creative Time: Draw and label parts of an insect.

#### **Tuesday:**

- Morning Activity: Insect observation with a magnifying glass.
- Learning Time: Read a book about insects; measure insects using a ruler.
- Exploration Time: Visit a butterfly garden or insect exhibit.

#### Wednesday:

- Morning Activity: Insect-themed yoga poses.
- Learning Time: Write a story about an insect's day;
   subtraction.
- Creative Time: Create a bug hotel.



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## Week 2 - Theme: Insects

#### **Academics:**

#### **English:**

- Phonics: Practice digraphs (e.g., sh, ch, th).
- Writing: Write a short story with a beginning, middle, and end.

#### **Mathematics:**

- Subtraction: Subtraction problems within 20.
- Measurement: Measure objects using a ruler (inches or centimeters).



## Week 3 - Theme: Plants

#### Monday:

- Morning Activity: Plant a seed and observe growth.
- Learning Time: Phonics vowel teams; subtraction within 30.
- Creative Time: Draw and label parts of a plant.

#### **Tuesday:**

- Morning Activity: Nature walk to identify plants.
- Learning Time: Read a book about plants; measure plant growth.
- Exploration Time: Visit a botanical garden or plant nursery.

#### Wednesday:

- Morning Activity: Plant-themed yoga poses.
- Learning Time: Write a story about a plant's life; subtraction.
- Creative Time: Create a plant diary.



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## Week 3 - Theme: Plants

#### **Academics:**

#### **English:**

- Phonics: Practice vowel teams (e.g., ai, ea, ee).
- Writing: Write a letter to a friend or family member.

#### **Mathematics:**

- Subtraction: Subtraction problems within 30.
- Graphs: Create a simple bar graph based on favorite fruits or colors.



## Week 4 - Theme: Oceans

#### Monday:

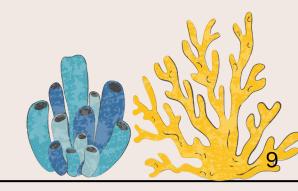
- Morning Activity: Ocean-themed exercises.
- Learning Time: Phonics R-controlled vowels; subtraction within
   50.
- Creative Time: Draw and label parts of an ocean animal.

#### **Tuesday:**

- Morning Activity: Ocean sensory bin.
- Learning Time: Read a book about ocean life; understand simple fractions.
- Exploration Time: Visit an aquarium or watch an ocean documentary.

#### Wednesday:

- Morning Activity: Ocean animal yoga.
- Learning Time: Write a story about an underwater adventure;
   subtraction.
- Creative Time: Create an ocean in a bottle.



## Week 4 - Theme: Oceans

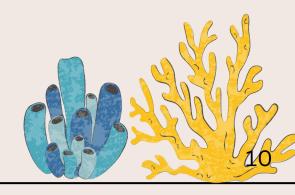
#### **Academics**

#### **English:**

- Phonics: Practice R-controlled vowels (e.g., ar, er, it).
- Writing: Write a descriptive paragraph about a favorite place.

#### **Mathematics:**

- Subtraction: Subtraction problems within 50.
- Fractions: Understand simple fractions (1/2, 1/4).



## Week 5 - Theme: Space Exploration

#### Monday:

- Morning Activity: Space-themed exercises.
- Learning Time: Phonics silent e; subtraction word problems.
- Creative Time: Design an alien and spaceship.

#### **Tuesday:**

- Morning Activity: Rocket launch simulation.
- Learning Time: Read a book about astronauts; understand place value.
- Exploration Time: Visit a space center or watch a space documentary.

#### Wednesday:

- Morning Activity: Space-themed yoga.
- Learning Time: Write a story about a space mission; subtraction.
- Creative Time: Create a constellation viewer.

Week 5 - Theme: Space Exploration

#### **Academics**

#### **English:**

• Phonics: Practice silent e (e.g., cake, bike, note).

• Writing: Write a short poem.

#### **Mathematics:**

• Subtraction: Subtraction word problems.

• Place Value: Understand tens and ones.

## Week 6 - Theme: Dinosaurs

#### Monday:

- Morning Activity: Dinosaur stomp dance.
- **Learning Time:** Phonics long vowels; subtraction with regrouping.
- Creative Time: Make a dinosaur fossil with clay.

#### **Tuesday:**

- Morning Activity: Dinosaur-themed scavenger hunt.
- Learning Time: Read a book about dinosaurs; practice adding and subtracting money.
- Exploration Time: Visit a natural history museum or watch a dinosaur documentary.

#### Wednesday:

- Morning Activity: Dinosaur trivia.
- **Learning Time:** Write a story about a dinosaur adventure; subtraction.
- Creative Time: Create a dinosaur diorama.



## Week 6 - Theme: Dinosaurs

#### **Academics:**

#### **English:**

• Phonics: Practice long vowels (e.g., a\_e, i\_e, o\_e).

• Writing: Write instructions for a simple task.

#### **Mathematics:**

• Subtraction: Subtraction with regrouping.

• Money: Practice adding and subtracting money.



## Week 7 - Theme: Weather

#### Monday:

- Morning Activity: Weather observation and charting.
- **Learning Time:** Phonics compound words; subtraction with three-digit numbers.
- Creative Time: Draw different types of weather.

#### **Tuesday:**

- Morning Activity: Weather-related dress-up.
- Learning Time: Read a weather-themed book; create and interpret simple graphs.
- Exploration Time: Make a rain gauge and measure rainfall.

#### Wednesday:

- Morning Activity: Weather bingo.
- Learning Time: Write a weather report; subtraction.
- Creative Time: Create a weather mobile.



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## Week 7 - Theme: Weather

#### **Academics:**

#### **English:**

- Phonics: Practice compound words (e.g., sunflower, baseball).
- Writing: Write a fictional story with illustrations.

#### **Mathematics:**

- Subtraction: Subtraction with three-digit numbers.
- Graphs: Create and interpret simple graphs.



# Week 8 - Theme: Science and Discovery

#### Monday:

- Morning Activity: Science experiments.
- **Learning Time:** Review phonics concepts; mixed math problems with regrouping.
- Creative Time: Create a science project.

#### **Tuesday:**

- Morning Activity: Discovery-themed exercises.
- Learning Time: Read a science-themed book; review place value.
- **Exploration Time**: Visit a science museum or watch a science documentary.

#### Wednesday:

- Morning Activity: Science trivia.
- **Learning Time:** Write a report on a scientific discovery; review fractions.
- Creative Time: Make a discovery scrapbook.

# Week 8 - Theme: Science and Discovery

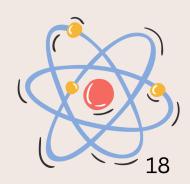
#### **Academics:**

#### **English:**

- Phonics: Review phonics concepts learned.
- Writing: Write a summary of a favourite summer activity.

#### **Mathematics:**

- Addition and Subtraction: Mixed problems with regrouping.
- Review: Review all math concepts covered.



#### 8-Week Summer Learning Guide: Tracking Sheets

These tracking sheets are designed for you to monitor your child's progress over the next 8-week summer learning program.

Each sheet allows you to note daily activities and achievements, ensuring a comprehensive record of your child's development.

## Week 1 - Theme: Nature

Day	Activity	Compl	Notes/Observations
Monday	Nature walk and observation		
	Phonics blends; subtraction within 10		
	Collect and press leaves		
Tuesday	Build a bird feeder		
	Read a nature-themed book; compare numbers		
	Visit a botanical garden or nature reserve		
Wednesday	Nature scavenger hunt		
	Write a descriptive paragraph about nature; subtraction		
	Paint a landscape		

## Week 2 - Theme: Insects

Day	Activity	Completed	Notes/Observations
Monday	Dress up as different community helpers		
	Phonics blends; subtraction within 20		
	Draw a picture of a favourite community helper		
Tuesday	Role-play different community jobs		
	Read a book about community helpers; identify shapes		
	Visit a local fire station or police station		
Wednesday	Community helper charades		
	Write a short story about a community helper; subtraction		
	Make a thank-you card for a community helper		

# Week 3 - Theme: Plants

Day	Activity	Completed	Notes/Observations
Monday	Plant a seed and track its growth		
	Phonics blends; subtraction within 20		
	Draw and label parts of a plant		
Tuesday	Nature walk to observe different plants		
	Read a book about plants; practice addition and subtraction		
	Visit a botanical garden or watch a plant growth time- lapse		
Wednesday	Plant-themed scavenger hunt		
	Write a short story about a plant's life cycle; subtraction		
	Create a plant journal		

## Week 4 - Theme: Oceans

Day	Activity	Completed	Notes/Observations
Monday	Ocean-themed exercises		
	Phonics long vowels; subtraction within 20		
	Draw and label parts of an ocean animal		
Tuesday	Ocean sensory bin		
	Read a book about ocean life; practice addition and subtraction		
	Visit an aquarium or watch an ocean documentary		
Wednesday	Ocean animal yoga		
	Write a story about an underwater adventure; subtraction		
	Create an ocean in a bottle		

## Week 5 - Theme: Space Exploration

Day	Activity	Completed	Notes/Observations
Monday	Space-themed exercise routine		
	Sight words; addition with dice or cards		
	Create a space mural		
Tuesday	Planet hop game		
	Read a book about space; identify complex shapes		
	Star gazing or visit a planetarium		
Wednesday	Space-themed trivia		
	Write a story about an astronaut's adventure; addition		
	Make a constellation viewer		

## Week 6 - Theme: Dinosaurs

Day	Activity	Completed	Notes/Observations
Monday	Dinosaur stomp dance		
	Sight words; addition within 20		
	Make a dinosaur fossil with clay		
Tuesday	Dinosaur-themed scavenger hunt		
	Read a book about dinosaurs; identify 3D shapes		
	Visit a natural history museum or watch a dinosaur documentary		
Wednesday	Dinosaur trivia		
	Write a story about a dinosaur adventure; addition		
	Create a dinosaur diorama		

## Week 6 - Theme: Weather

Day	Activity	Completed	Notes/Observations
Monday	Weather observation and charting		
	Sight words; addition within 15		
	Draw different types of weather		
Tuesday	Weather-related dress-up		
	Read a weather- themed book; identify complex shapes		
	Make a rain gauge and measure rainfall		
Wednesday	Weather bingo		
	Write a weather report; simple addition		
	Create a weather mobile		

# Week 8 - Theme: Science and Discovery

Day	Activity	Completed	Notes/Observations
Monday	Exploration-themed exercises		
	Review sight words; mixed addition and subtraction problems		
	Create a treasure map		
Tuesday	Explorer dress-up		
	Read an exploration- themed book; review time telling		
	Visit a local museum or historical site		
Wednesday	Exploration trivia		
6	Write a story about an xploration; review shape:	6	
	Make an explorer's journal		

Stories: https://www.vooks.com/

#### **Hands-on Learning:**

• Science Experiment

#### **Resource List:**

Website Links