

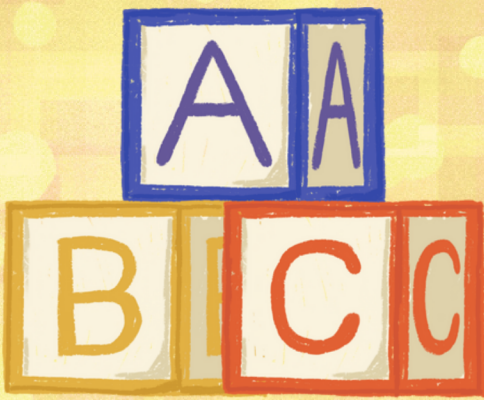


SUMMER

Workbook

Name:

Ages 4 -5



Parents & Students Learning Guide

Introduction

Welcome to the 8-Week Summer Learning Guide!

This **4 to 5 age group** booklet is designed to keep your child's mind active and engaged during the summer months.

The guide is divided into three age groups: **4-5 years, 5-6 years, and 6-7 years**, with tailored activities focusing on English and Math concepts appropriate for each age group.

8-Week Summer Learning Guide

Daily Routine Suggestions:

- **Morning:** Start the day with a physical activity (e.g., yoga, stretching).-
- **Mid-Morning:** Dedicated learning time using the guide.
- **Afternoon:** Creative or exploratory activity (e.g., crafts, nature walk).

Parental Involvement Tips:

- Suggestions on how parents can support their child's learning.
- Ideas for interactive activities that parents and children can do together.

Weekly Themes:

- Assign a fun theme for each week (e.g., Nature Week, Space Week) to make learning more engaging.
- Activities and resources that align with the theme.

Progress Tracking:

- Simple charts or checklists for children to track their progress.
- A section for parents to note observations and achievements.



Feel free to adjust the activities and resources as needed to best fit your child's learning style and pace.

If there is anything that is not included that should be to help the children.

Ages 4 to 5

Resource List:

- List of recommended books, websites, and apps for additional learning and practice.
- Suggestions for educational toys and games.

Social Skills Development:

- Activities that encourage social interaction and cooperation, such as group games or family projects.

Emotional Well-being:

- Mindfulness exercises or calming activities to help children manage emotions.
- Journaling prompts for older children to express their feelings and experiences.

Hands-on Learning:

- Science experiments or DIY projects that relate to weekly math and English concepts.
- Cooking activities that involve measuring ingredients to practice math skills.

Week 1 - Theme: Animals



Monday:

- **Morning Activity:** Animal yoga poses.
- **Learning Time:** Letters A, B, C; counting 1-10.
- **Creative Time:** Draw and color favorite animals.

Tuesday:

- **Morning Activity:** Animal sounds game.
- **Learning Time:** Read a story about animals; basic shapes.
- **Exploration Time:** Visit a local zoo or watch an animal documentary.

Wednesday:

- **Morning Activity:** Animal-themed scavenger hunt.
- **Learning Time:** Identify rhyming words; count animal toys.
- **Creative Time:** Make animal masks.

Week 1 - Theme: Animals



Academics

English:

- Letters and Sounds: Focus on recognizing and pronouncing letters **A, B, and C**. Practice with flashcards.
- Storytime: Read a short story and discuss the characters.

Mathematics:

- Counting: Practice counting from **1 to 10**.
- Shapes: Identify basic shapes (**circle, square, triangle**).

Week 2 - Theme: Colours

Monday:

- Morning Activity: Colour scavenger hunt.
- Learning Time: Letters D, E, F; count objects up to 15.
- Creative Time: Paint with different colours.

Tuesday:

- Morning Activity: Color matching game.
- Learning Time: Read a colourful picture book; identify shapes.
- Exploration Time: Nature walks to find colourful flowers and plants.

Wednesday:

- Morning Activity: Color sorting game.
- Learning Time: Identify rhyming words; sort objects by colour.
- Creative Time: Make a rainbow collage.



Feel free to adjust the activities and resources as needed to best fit your child's learning style and pace.

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Ages 4 to 5

Week 2 - Theme: Colours

Academics

English:

- **Letters and Sounds:** Focus on letters **D, E, and F**.
- **Rhyming Words:** Identify words that rhyme.

Mathematics:

- **Counting:** Count objects around the house up to 15.
- **Colours:** Match objects with their colours.



Feel free to adjust the activities and resources as needed to best fit your child's learning style and pace.

If there is anything that is not included that should be to help the children.

Ages 4 to 5

Week 3 - Theme: Shapes and Sizes

Monday:

- **Morning Activity:** Shape scavenger hunt.
- **Learning Time:** Letters G, H, I; count to 20.
- **Creative Time:** Build shapes using playdough.

Tuesday:

- **Morning Activity:** Size comparison game.
- **Learning Time:** Read a book about shapes; identify and draw shapes.
- **Exploration Time:** Visit a playground and identify shapes.

Wednesday:

- **Morning Activity:** Shape sorting game.
- **Learning Time:** Identify rhyming words; compare objects by size.
- **Creative Time:** Create a shape collage.



Feel free to adjust the activities and resources as needed to best fit your child's learning style and pace.

If there is anything that is not included that should be to help the children.

Ages 4 to 5

Week 3 - Theme: Shapes and Sizes

Academics:

English:

- **Letters and Sounds:** Focus on letters G, H, and I.
- **Storytelling:** Create a story using pictures.

Mathematics:

- **Counting:** Count from 1 to 20.
- **Size Comparison:** Compare objects (big, small, tall, short).



Feel free to adjust the activities and resources as needed to best fit your child's learning style and pace.

If there is anything that is not included that should be to help the children.

Ages 4 to 5

Week 4 - Theme: Transportation

Monday:

- **Morning Activity:** Toy car race.
- **Learning Time:** Letters J, K, L; count by 2s up to 20.
- **Creative Time:** Build a car from recycled materials.

Tuesday:

- **Morning Activity:** Transportation-themed obstacle course.
- **Learning Time:** Read a book about different modes of transportation; identify shapes.
- **Exploration Time:** Visit a transportation museum or watch transportation videos.

Wednesday:

- **Morning Activity:** Transportation sorting game.
- **Learning Time:** Identify rhyming words; match numbers to objects.
- **Creative Time:** Draw a favourite mode of transportation.



Feel free to adjust the activities and resources as needed to best fit your child's learning style and pace.

If there is anything that is not included that should be to help the children.

Ages 4 to 5

Week 4 - Theme: Transportation

Academics:

English:

- **Letters and Sounds:** Focus on letters J, K, and L.
- **Songs:** Sing alphabet songs.

Mathematics:

- **Counting:** Practice counting by 2s up to 20.
- **Matching:** Match numbers to groups of objects.





Week 5 - Theme: Space

Monday:

- **Morning Activity:** Space-themed obstacle course.
- **Learning Time:** Letters M, N, O; count backwards from 10.
- **Creative Time:** Make a rocket ship from cardboard.

Tuesday:

- **Morning Activity:** Planet hop game.
- **Learning Time:** Read a space-themed book; sort objects by size.
- **Exploration Time:** Star gazing or visit a planetarium.

Wednesday:

- **Morning Activity:** Space-themed scavenger hunt.
- **Learning Time:** Identify rhyming words; count stars (objects).
- **Creative Time:** Create a solar system model.



Week 5 - Theme: Space

Academics:

English:

- **Letters and Sounds:** Focus on letters M, N, and O.
- **Picture Books:** Describe what's happening in pictures.

Mathematics:

- **Counting:** Count backwards from 10.
- **Sorting:** Sort objects by colour, size, or shape.



Week 6 - Animals

Monday:

- **Morning Activity:** Animal yoga poses.
- **Learning Time:** Letters P, Q, R; count to 30.
- **Creative Time:** Draw and color favorite animals.

Tuesday:

- **Morning Activity:** Animal sounds game.
- **Learning Time:** Read an animal-themed book; create patterns with objects.
- **Exploration Time:** Visit a local zoo or watch an animal documentary.



Wednesday:

- **Morning Activity:** Animal-themed scavenger hunt.
- **Learning Time:** Identify rhyming words; match animal toys to their colors.
- **Creative Time:** Make animal masks.



Week 6 - Animals

Academics:

English:

- **Letters and Sounds:** Focus on letters P, Q, and R.
- **Rhymes:** Find rhyming pairs in books or songs.

Mathematics:

- **Counting:** Count up to 30.
- **Patterns:** Create patterns with objects or drawings.





Week 7 - Nature

Monday:

- **Morning Activity:** Nature walk and observation.
- **Learning Time:** Letters S, T, U; skip counting by 5s.
- **Creative Time:** Collect and press leaves.

Tuesday:

- **Morning Activity:** Build a bird feeder.
- **Learning Time:** Read a nature-themed book; compare the lengths of objects.
- **Exploration Time:** Visit a botanical garden or nature reserve.

Wednesday:

- **Morning Activity:** Nature scavenger hunt.
- **Learning Time:** Identify rhyming words; compare objects by size.
- **Creative Time:** Paint a landscape.



Week 7 - Nature

Academics:

English:

- **Letters and Sounds:** Focus on letters S, T, and U.
- **Story time:** Create a story using a sequence of pictures.

Mathematics:

- **Counting:** Skip counting by 5s up to 50.
- **Comparisons:** Compare the lengths of objects.

Week 8 - Adventure

Monday:

- **Morning Activity:** Obstacle course adventure.
- **Learning Time:** Letters V, W, X, Y, Z; count to 50.
- **Creative Time:** Make a treasure map.

Tuesday:

- **Morning Activity:** Adventure story time.
- **Learning Time:** Read an adventure-themed book; identify shapes and colours.
- **Exploration Time:** Visit a local park and go on an adventure hike.

Wednesday:

- **Morning Activity:** Adventure scavenger hunt.
- **Learning Time:** Review letters learned; match numbers to objects.
- **Creative Time:** Create an adventure scrapbook.



Feel free to adjust the activities and resources as needed to best fit your child's learning style and pace.

If there is anything that is not included that should be to help the children.

Ages 4 to 5

Week 8 - Adventure

Academics:

English:

- **Letters and Sounds:** Focus on letters V, W, X, Y, and Z.
- **Alphabet Review:** Review all letters learned.

Mathematics:

- **Counting:** Count to 50.
- **Shapes and Colors:** Create pictures using shapes and colours.



Feel free to adjust the activities and resources as needed to best fit your child's learning style and pace.

If there is anything that is not included that should be to help the children.


Ages 4 to 5

8-Week Summer Learning Guide: Tracking Sheets


These tracking sheets are designed for you to monitor your child's progress over the next 8-week summer learning program.

Each sheet allows you to note daily activities and achievements, ensuring a comprehensive record of your child's development.


Week 1 - Theme: Animals

Day	Activity	Completed 	Notes/Observations
Monday	Animal yoga poses		
	Letters A, B, C; counting 1-10		
	Draw and color favorite animals		
Tuesday	Animal sounds game		
	Read a story about animals; basic shapes		
	Visit a local zoo or watch an animal documentary		
Wednesday	Animal-themed scavenger hunt		
	Identify rhyming words; count animal toys		
	Make animal masks		


Week 2 - Theme: Colours

Day	Activity	Completed 	Notes/Observations
Monday	Colour scavenger hunt		
	Letters D, E, F; count objects up to 15		
	Paint with different colors		
Tuesday	Colour matching game		
	Read a colorful picture book; identify shapes		
	Nature walk to find colourful flowers and plants		
Wednesday	Colour sorting game		
	Identify rhyming words; sort objects by colour		
	Make a rainbow collage		


Week 3 - Theme: Shapes and Sizes

Day	Activity	Completed 	Notes/Observations
Monday	Shape scavenger hunt		
	Letters G, H, I; count to 20		
	Build shapes using playdough		
Tuesday	Size comparison game		
	Read a book about shapes; identify and draw shapes		
	Visit a playground and identify shapes		
Wednesday	Shape sorting game		
	Identify rhyming words; compare objects by size		
	Create a shape collage		


Week 4 - Theme: Transportation

Day	Activity	Completed 	Notes/Observations
Monday	Toy car race		
	Letters J, K, L; count by 2s up to 20		
	Build a car from recycled materials		
Tuesday	Transportation- themed obstacle course		
	Read a book about different modes of transportation; identify shapes		
	Visit a transportation museum or watch transportation videos		
Wednesday	Transportation sorting game		
	Identify rhyming words; match numbers to objects		
	Draw a favorite mode of transportation		


Week 5 - Theme: Space

Day	Activity	Completed 	Notes/Observations
Monday	Space-themed obstacle course		
	Letters M, N, O; count backwards from 10		
	Make a rocket ship from cardboard		
Tuesday	Planet hop game		
	Read a space-themed book; sort objects by size		
	Star gazing or visit a planetarium		
Wednesday	Space-themed scavenger hunt		
	Identify rhyming words; count stars (objects)		
	Create a solar system model		


Week 6 - Animals

Day	Activity	Completed 	Notes/Observations
Monday	Animal yoga poses		
	Letters P, Q, R; count to 30		
	Draw and color favorite animal		
Tuesday	Animal sounds game		
	Read an animal- themed book; create patterns with objects		
	Visit a local zoo or watch an animal documentary		
Wednesday	Animal-themed scavenger hunt		
	Identify rhyming words; match animal toys to their colors		
	Make animal masks		

Week 7 - Nature

Day	Activity	Completed 	Notes/Observations
Monday	Nature walk and observation		
	Letters S, T, U; skip counting by 5s		
	Collect and press leaves		
Tuesday	Build a bird feeder		
	Read a nature-themed book; compare lengths of objects		
	Visit a botanical garden or nature reserve		
Wednesday	Nature scavenger hunt		
	Identify rhyming words; compare objects by size		
	Paint a landscape		

Week 8 - Adventure

Day	Activity	Completed 	Notes/Observations
Monday	Obstacle course adventure		
	Letters V, W, X, Y, Z; count to 50		
	Make a treasure map		
Tuesday	Adventure story time		
	Read an adventure-themed book; identify shapes and colors		
	Visit a local park and go on an adventure hike		
Wednesday	Adventure scavenger hunt		
	Review letters learned; match numbers to objects		
	Create an adventure scrapbook		

Stories: <https://www.vooks.com/>

Hands-on Learning:

- Science Experiment

Resource List:

Website Links